

March 2020

messenger

News from the churches and community
of Bolton-le-Sands and Nether Kellet

Parish Magazine | £1.20



THE PARISH OF

HOLY TRINITY

BOLTON LE SANDS



Lenten Lunch



Messy Church



**Morecambe Bay
Foodbank AGM**

Community

Old Boys' Free Grammar School
Mrs Joan Baker 824384

Trefoil Guild
Joyce Mace 733801

Thwaite Brow Woods Consevation Project
Mrs L. Belcher 824191

Women's Institute
Mrs Dorothy Carruthers 824588

Lune Valley Keep Fit Organisation
Sheila Stockdale 823632

Men's Group
Mr Keith Budden 824247

Bowling Club
Mr Geoff Forrest - Secretary 824346

Cricket Club
Mr Mike Clarkson - Secretary 824059

Tennis Club
Mrs Pam Holding - President 733805

Community Centre
Booking Secretary 10am - 4pm, Mon - Fri
07367066918 blesbookings@gmail.com

Dancing School
Alysia Gilda School of Dance 822207

Bolton-le-Sands & District Floral and Horticultural Society
Mrs Brenda Muir 824018

Petsearch
Mrs Margaret Carter 823013

2nd Bolton-le-Sands Scout Group
Debra Thackrah - GSL
07900 803139 debra2ndbls@gmail.com
Joyme Morgane - SL
07794 991354 jaymem75@gmail.com
Rosemary Smyth - CL
07778 396015 rosemary_smyth@btinternet.com
Joanne Brown - Beavers
07821 253351 jbrown.1967@me.com

Bolton-le-Sands Guides
Emma Lentell - Guide Leader
07765 362324 labotomy@hotmail.co.uk

Bolton-le-Sands Brownies
Rachel Shaw - Brownie Leader
01524 732726 eracric2@yahoo.com

Services

Worship at Holy Trinity
One Sunday in each month will be 'Morning Praise' which is not a communion service.

Sunday	8.00am	Holy Communion
	10.30am	Holy Communion
Wednesday	10.00am	Holy Communion

First Friday Worship
The first Friday of each month at Holy Trinity at 7.00pm - followed by refreshments and fellowship.

Details of services are displayed on the outside notice board, and are given in The Link each Sunday.

Second Sunday Family Service
9.15am on the second Sunday of each month.

Worship at St Mark's Nether Kellet
Sundays 9.00am
First Sunday Holy Communion - Common Worship
Second Sunday Morning Prayer
Third Sunday Holy Communion - Book of Common Prayer
Fourth Sunday Morning Prayer
Fifth Sunday Morning Prayer

Worship at Christ Church United Reformed Church
1st March 10.00 am TBA
Flowers from G & A Shaw
8th March 10.00am Rev K Clapham
Flowers from Flower Fund
15th March No service at B le S,
Trinity URC Bowerham,
10.30 am Rev N Uden
22nd March 10.00 am Mr P Gorst
Flowers from Flower Fund
29th March 10.00am Rev D Atkinson
Flowers from E Towers
5th April 10.00 am Dr M Pickles
Flowers from Flower Fund

Christ Church United Reformed Church
Mr G Shaw - Treasurer 67644
Miss A Shaw - Secretary 67644

During the vacancy, if anyone needs a minister, please contact the Church Secretary.

Mass times at St. Mary of The Angels
Sundays 9.00am
Monday and Friday 10.00am
See notice board by the Church gate for variations

News from Holy Trinity Church



The Annual Parochial Church Meeting will take place on Sunday 29th March following the 10.30am Holy Communion Service. Proceedings start with the **Vestry Meeting** at 12.00 noon, and the sole business of this meeting is to appoint the Churchwardens for the coming year. This is immediately followed by the **Parochial Church Meeting**, at which various reports are received, including the annual church accounts. At the meeting, elections are also held for a number of positions, including PCC Members, Deanery Synod Members, Sidespersons (Welcome Teams), and an Independent Financial Examiner. The newly elected PCC then meets to elect a Secretary and Treasurer and to arrange its schedule of meetings for the forthcoming year. Anyone who lives in the parish may attend the meeting, but only those who are on the **Electoral Roll** may vote. To be on the electoral roll, you need to be over the age of 16, and either reside in the parish or be a regular worshipper in the parish. The electoral roll is renewed every 6 years, and the latest revision took place last year. If you are not already on the electoral roll, and would like to be, or if you would like to check whether you are included in the latest update, please speak to **Rob Daunt**, the Electoral Roll Officer for Holy Trinity, or either of the Churchwardens.

On Saturday 18th January, we welcomed over 35 children with their parents and grandparents for Messy Church at Holy Trinity. The theme was 'Faithful Sheep' and we looked at a reading from Matthew 25:31-40. Some of the activities that the children enjoyed included making sheep biscuits, herding balloon sheep and making masks. We finished the morning with worship. Thank you to all who came and especially those who helped at another fantastic Messy Church. We are looking forward to the next Messy Church on **Saturday 21st March**.





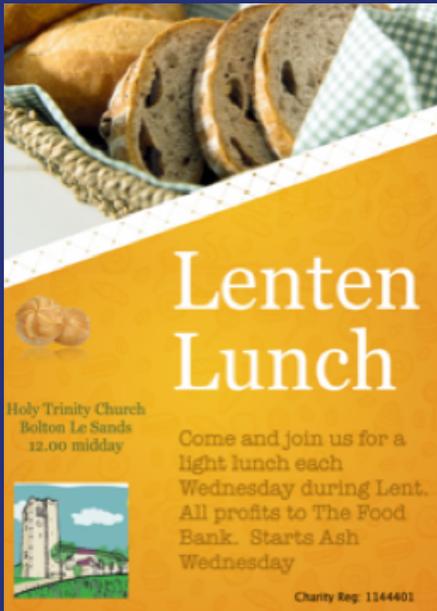
Quiet Day at Hying Monastery on Thursday March 5th

Tea and Coffee available from 9.30 and first talk at 10am approximately. It costs £20, including a donation to the Sisters, and a delicious cooked lunch (or £15 if you bring your own). Lunch at 1pm is followed by second talk at approximately 2.15 until 3.30 and then tea and coffee and cake. Pleasant company and relaxing day in lovely surroundings. Sign up on the sheet on the notice board at back of church notice board, or see Glinys Hartley for more details.

Men's Breakfast

It's amazing the variety of topics that get discussed at our Men's Breakfast. In February the subject was 'It's a dog's life in the regular constabulary.' We have all seen dogs working in many areas. John Taylor took us through the joys of managing a dog as his friend companion and family pet, but most of all explained to us how dogs provide very efficient policing in conjunction with their handlers. Just goes to show that there are times when you can take your work home with you.

Next month we have "Confessions of a Driving Instructor" on 14th March in Holy Trinity church. All are welcome.



What a "Feast"

Thirty seven members of the parish of Bolton le Sands (St Mary's and Holy Trinity churches and other villagers) had a very social evening at The Cross Keys in Slyne on February 10th. Rob and his team served good hot wholesome food and we partook (or is it partaked?) of the odd glass of wine. It is great to get together as a wider community and share what we have in common. Our next "social gathering" was Ash Wednesday when we started serving the first of our Lenten Lunches of a bowl of soup and bread. This will continue every Wednesday during Lent, at a cost of £3, with all profits being donated to Morecambe Foodbank.



Thank You

Following my recent operation Andy and I would just like to thank our friends at Holy Trinity for the many cards, letters, messages, phone calls, flowers, plants, meals and cakes that we received on my return home. I felt the strength of everyone's prayers and love. Thank you all so much. Kind regards Chris Hampshire

Congratulations

The Lancaster Footlights Club celebrates its centenary this year, and the season begins with a production of the well-known northern comedy, 'Hobson's Choice', by Harold Brighouse. Set in 1880s Salford, the play was first performed in New York in 1916 before transferring to London. Harold Brighouse, born in Eccles, was invited to be the President of the Footlights Club, and the Club put the play on as one of its earliest productions. So, congratulations and our best wishes for every success go to Margaret and Becky Hutchinson, who feature in the cast. Margaret is our Parish Co-ordinator for The Children's Society, and both Margaret and Becky are regular members of the St Mark's congregation who often lead Morning Prayer services. Becky plays the leading role of Maggie, Hobson's eldest daughter, and Margaret plays Mrs Hepworth. 'Hobson's Choice' runs at The Grand Theatre in Lancaster from Tuesday March 10th to Saturday March 14th, at 7.30pm, with a 2.30 matinee on the Saturday afternoon.



THE GREATEST SHOWMAN

Parish Film Show

Sunday 15th March 7.00pm

Free Entry

Refreshments



Message from Bishop Julian

Taking Communion and sharing The Peace

We have been reminded by Bishop Julian that normal good practice for receiving Holy Communion does not include dipping or intincting the wafer: "Should a communicant feel ill or not wish to receive from the chalice then it is better to receive the consecrated bread only". He also suggests that people are allowed space to share The Peace without touching if that is their preference. "This is normal good practice to protect those who are most vulnerable amongst us".

First Friday at Holy Trinity

Friday 6th March at 7pm, Holy Trinity Church

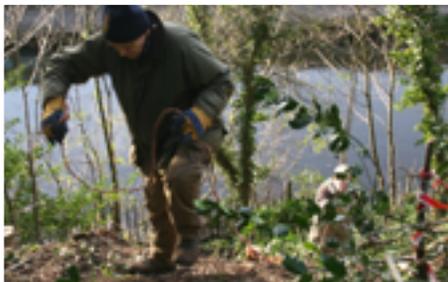
Worship through discussion, readings, prayer and music

This month will be led by Margaret Foster

Everyone is welcome - please come along and bring your friends,
for worship and fellowship afterwards with delicious refreshments.

Thwaite Brow Conservation Project

Following on from some coppicing work above the Lancaster Canal, the brash and small branches have been cleared from the site prior to its being fenced off. Here, volunteers are at work doing the clearance. **Robert Swain**



FAMILY SERVICES AT HOLY TRINITY CHURCH

SECOND SUNDAY SERVICE

 Second Sunday of each month

 9.15-10am

CONTEMPORARY, INTERACTIVE, GODLY



Saturday 21st March 10am

*All are warmly invited for
craft, singing, worship and refreshments*



THE PARISH OF

HOLY TRINITY

BOLTON LE SANDS



Lancaster & District Choral Society

7.30pm SATURDAY 4th April 2020
THE ASHTON HALL, GEORGE ST, LANCASTER, LA1 1PJ

Joseph Haydn - Nelson Mass

Franz Schubert - Mass in G

Karl Jenkins - Gloria

Orchestra Leader - Julian Cann
Conductor - John Perrin

Juliet Montgomery - Soprano
Rebecca Chandler - Mezzo Soprano

Aidan Edwards - Baritone*
Philip O'Connor - Tenor*

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Trefoil Guild

The Chairman's report at our January Annual General Meeting reminded us all of our busy and interesting year in 2019. We had some very entertaining speakers, joined in village activities, helped at Guiding activities and did some fund raising for local charities. There were sad occasions too but we all have good memories of those who are no longer with us. The committee agreed to take on their jobs for a further year and the Chairman thanked them for their support in 2019.

Our speaker on this occasion was Pat Ascroft, a fellow Trefoil Guild member and one we are proud to know. Pat has recently been presented with the BEM for the fund raising she has done for so many years for MENCAP and for all the work she has done in churches, WI, Probus as well as being a valued Countryside Ranger in the area where she lives. An amazing, energetic and interesting lady. With great humour she told us of receiving the letter from the Cabinet Office (whilst eating toast at breakfast one morning!) and how she had not to tell anyone for about a month...a secret hard to keep especially from family. Last November Pat was presented with her citation and medal by Lord Shuttleworth at Lancaster Castle and in May will be going to Buckingham Palace. Pat is no stranger to these occasions and she then regaled us with tales of a Garden Party at Holyrood and another in London. We all admired her medal and various other items that Pat had brought to show us (including her initial invitation which fortunately wasn't covered in marmalade!).

Judith Spotswood

As a prayerful church, thinking about our wider community, we continue to pray for all the people who live in or visit our parish, and during March we will be particularly remembering the people who live in :

Week Beginning:

1st March	Mill Lane, Croftlands, Monkswell Avenue and Mount Pleasant Lane
8th March	The Nook, Crosshill Court, Oakwood Grove and Orchard Avenue
15th March	Packet Lane, Pinewood Avenue, Ruskin Grove and Rydal Road
22nd March	Shelley Close, Slyne Road and St Margaret's Road
29th March	St Michael's Grove, St Michael's Lane, and St Michael's Close



First Tuesday Hub

The February meeting was well attended for the presentation by Tina, from Dementia Friends. Tina explained the work of the Friends, as well as giving 5 key messages about dementia :

- Dementia is NOT a natural part of ageing;
- Like most illnesses, there are different signs and symptoms of dementia – it is not just about losing memory;
- There are over 100 forms of dementia, the most common being Alzheimer's, with Vascular Dementia next most common;
- It is progressive, and will gradually get worse – there is no known cure at the moment;
- Short term memory is usually the first thing to be affected.

But the important message is that there is help out there, and, although 1 in 14 people over 65 are likely to have some form of dementia, it is possible to live well with dementia. Tina's presentation involved discussion and some activities, and the children from the school contributed enthusiastically and sensitively.



Representatives from St John's Hospice, MacMillan Cancer Care, Action on Hearing Loss, The Alzheimer's Society, and Just Company were also present, with Ann Oliver, from Age UK Lancashire, and Val Goulding and Keith Budden representing the City Council and the Parish Council. As always, the afternoon concluded with the popular Armchair Exercise class, run by Alysia Gilda.

The March meeting will concentrate on health issues, with representatives from local health services available to give advice and information. In April we will see the return of 'Gardeners Question Time', when members of the Horticultural Society will be on hand to answer questions as we look forward to summer in our gardens. They have invited people to submit questions in advance, and forms for submitting questions will be available at the March meeting.

May's meeting will be a celebration of VE Day, and we are also looking forward to a visit from a drama group in June. They will be presenting a play called 'The Picnic' – and with that in mind – and weather permitting – we will be planning some suitable activities for the afternoon.



St. Mark's

Nether Kellet



Notes from St Mark's

The other day an advert popped up for yet another charity lottery. They seem to be all the rage now and if more and more charities are doing them then it can mean only one thing – they're popular and lucrative.

But that leads me to wonder. The ethics about gambling could be a whole debate on its own, but the other dark side to such gimmicks is why they're clearly proving to be a good source of income - they say it on adverts: "and it's great cos by buying these tickets you're helping charities too"...and suddenly everyone feels good about themselves for chasing the loot.

The bottom line is rapidly becoming (or has become) that we're often only interested in giving if we think we might get something back. Even charities with perfectly worthy causes feel the need to resort to free gifts etc. and have for years, because somewhere their research is telling them it works. I think we should be rather ashamed that that's the case.

It can sometimes feel like that in churches, where we feel we must at all costs gather followers to keep us going - particularly small churches with dwindling congregations. The tempting and obvious options are to resort to publicity and merchandise to sell our product. But perhaps we need to be a sanctuary from the methods of the world - after all, why try and better the prize already on offer?

Fortunately for us all, in contrast to the drivel humanity spouts, God gives us everything we need and more, and expects nothing in return except our loyalty and belief. As we begin Lent and approach Mothering Sunday the chance is there to reflect on our own giving - in all its forms - through sacrifice. When we reach the climax of Easter, we realise everything has already been given on our behalf.

Here at St. Mark's, we can't help be anything but honest - there are no clever extras to disguise our simple worship, but the message doesn't change, however it may be delivered. We currently have little else to offer...except the word of God, and everyone is welcome to come and share that with us.

God Bless you one and all, **Becky**

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Storms



At the time of compiling these pages, we have just got over Storm Ciara. The winds and rain came and caused disruption to transport. I was walking my dog along the canal bank when a gust came along, funnelling at Bolton Turnpike (Packet to some people) Bridge. It very nearly blew me to a stop beneath the bridge.

Here, we were very lucky to have missed the flooding experienced by several places, some of which, or its effects, have not yet been cleared up. A couple of decent days then came along. At the time of preparing these pages, we have Storm Dennis causing more problems.

When we read the Bible, we read of a number of storms. Probably the most famous was when Jesus was asleep in the fishermen's boat. The disciples woke him, worried that they were about to perish. Jesus rebuked the storm and it stopped.

I think we have had enough of storms for now, so will turn to a very pleasant day out which I had last year to Grasmere. I found a seat in the Wordsworth Daffodil Garden just below the actual churchyard, and decided to sit out there and eat my sandwiches in the fresh air. Soon, I was joined by a small flock of jackdaws, all hopeful for a crumb. Two of them were bolder than the rest and came very close. I thought that they might have taken food from my hand, but they were not quite that brave. They certainly came close enough when I put a crumb down. They might appear to be having a scrap in one picture, but actually they were each taking a different crumb. Those birds made my day.

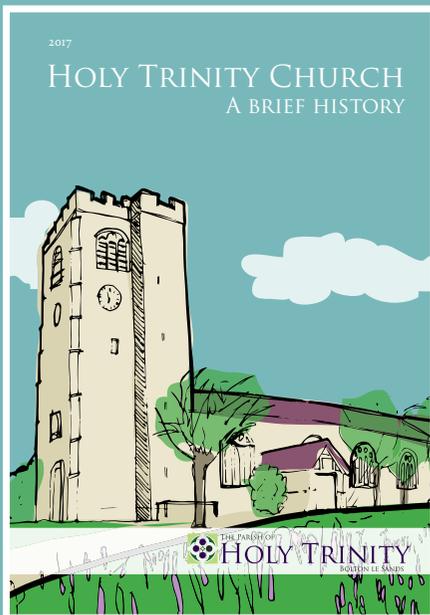




Dates for the Diary

4th March	12noon - Agape Lunch
5th March	10.30am - Rhythm and Moves
6th March	9.30am - Shining Stars
6th March	2.00pm - World Day of Prayer Service St Mary of the Angels BLS R. C.
12th March	10.30am - Rhythm and Moves
13th March	9.30am - Shining Stars
15th March	10.30am - Rev Nigel Uden, Trinity URC Bowerham, No service at BLS URC
18th March	2pm Elders Meeting, Towers Room
19th March	9.30am - Lent Prayers
19th March	10.30am - Rhythm and Moves
20th March	9.30am - Shining Stars
26th March	9.30am - Lent Prayers
26th March	10.30am - Rhythm and Moves
27th March	9.30am - Shining Stars
1st April	12noon - Agape Lunch
2nd April	9.30am - Lent Prayers
2nd April	10.30am - Rhythm and Moves
3rd April	9.30am - Shining Stars
5th April	TBA - Seder Meal Churches Together in BLS
9th April	9.30am - Lent Prayers

Any changes or additions to be announced



THE PARISH OF
HOLY TRINITY
BOLTON LE SANDS

A brief History of
Holy Trinity Church

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Bolton-le-Sands Village

Bolton le Sands Parish Council

The Parish Council would like to congratulate two residents of the village, Mrs Bainbridge and Mrs Bannister, who received Long Service Awards from the British Legion for their 30 years plus house to house collections for the Poppy Appeal. This is an amazing commitment. The total raised in the village last year was £1057.40 plus donations for wreaths. Grateful thanks to all residents. The Poppy Appeal 2020 will run from October 28th to November 11th.

Bowling Permits are now available from Bolton-le-Sands Parish Council. Simply send a cheque to:

**Bolton-le-Sands Parish Council, 2 The Shore, Bolton-le-Sands, Carnforth LA5 8JR
And enclose a S.A.E. or collect from Bowker's Butchers, Main Road, Bolton-le-Sands.
Fees for 2020**

Annual Social Bowling Permit £33
Full Annual Bowling Permit £47
Winter Bowling Permit £22
Single Plays £2.50

**BOLTON-LE-SANDS ANNUAL PARISH MEETING
Thursday 26th March 2020
Community Centre
7.30pm**

The Chairman invites all residents of Bolton-le-Sands to the Annual Assembly. This is **Your Meeting** where you can have a say in matters relating to Bolton-le-Sands and raise any issues of interest. Please do come along and exercise your right to participate in local democracy.

The next **Parish Council** meeting will be held on Monday 2nd March at 7.00pm in The Old Boys' School. Bowling permits will be available to purchase between the hours of 6.00pm and 7.00pm.

Pat Bradley, Clerk

the link

The Link appears in church every Sunday, and contains information about services, and parish notices. Items for inclusion in The Link can be sent to holytrinitylink@gmail.com by the preceding Thursday evening.

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NOTICE OF ANNUAL GENERAL MEETING

Thursday 28th May 2020 7.30 p.m

Community Centre

Packet Lane, Bolton Le Sands, Carnforth, Lancashire, LA5 8DW

Followed by a Committee Meeting

AGENDA – AGM 2020

1. Welcome
2. Apologies
3. Declarations of Interest
4. Minutes of Last Meeting
5. Matters Arising
6. Report from the Chair
7. Finance Report
8. Appointment of Trustees
9. Election of Officers
10. Appointment of Auditor
11. Any Other Business

Should you wish to make amendments to the Agenda or raise items under AOB please submit to the Secretary no later than seven days prior to the meeting.

Please make every effort to attend if at all possible. The success of your community centre depends on you!

Ian Birnie

Secretary

Bolton-le-Sands Village Hall/Community Centre

7th February 2020

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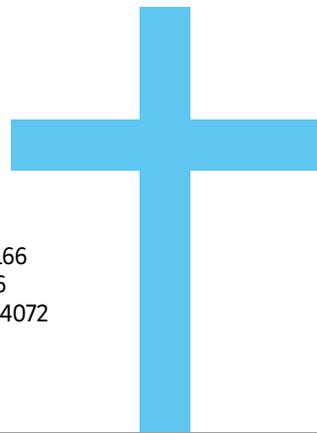
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Mothers' Union Update

Hopefully you will all have received your MU News magazine now and seen the photo on the front cover. The display we made for the Christmas Festival has taken pride of place and will be viewed throughout the Diocese! As the deadline for the Messenger is now on the 18th of each month I am writing this article before some of the February activities have taken place. I will report on these activities in the next edition.

The Deanery Festival arrangements are coming together and we will be hosting it here at Holy Trinity on Wednesday June 24th at 2:00pm. The theme of the service will be "2020 Vision" and the speaker will be the Diocesan co-ordinator for Vision 2026. I hope that we as a Deanery can collect unwanted spectacles which we will give to the appropriate charity. If any members of the congregation would like to contribute please place the spectacles in the blue MU box at the back of church.

As we are having Lenten lunches at church on Wednesdays it was decided by the committee that we would not be hosting our coffee mornings in church during Lent but we will serve the tea, coffee and biscuits. However, we will be having a raffle at our next couple of monthly meetings in the Community Centre.

Sadly no one from the Deanery wanted to go to the Pathways to Prayer Day at Ingol and at the time of writing this report numbers in general were so low that Kath Bill was considering re-scheduling the event to some time later this year.

The speaker at our monthly meeting was Dorinda Wolfe Murray from the First Light Trust. This is a charitable organisation which supports veterans locally. There are various hubs set up around the country and we are fortunate to have one in the centre of Lancaster at the First Light Trust Café on Market Street. The café is open for veterans and also members of the public. To encourage conversation there is no music or wifi but there is great coffee and home-made cakes. Dorinda outlined some of the problems of isolation and loneliness encountered by men who have left the armed forces which lead to lifestyle difficulties such as debt and homelessness. Alcohol and drugs frequently make the veterans' situation worse. Often just having a place to chat and share their problems can be the start of healing for these men, many of whom suffer from PTSD. I have not ever visited this café but I intend to in the near future. They also sell books and bric-a-brac there, so it would be good to take some along.

Make a Mother's Day leaflets are available at the back of church for anyone who would like to buy a Mothering Sunday gift which will have a lasting impact. This is open to all and not just MU members. If you choose to buy a card with your gift there will be an opportunity to place the card on the altar at Holy Trinity Church on Mothering Sunday.

Our next meeting will be on Wed 18th March at the Community Centre when our Diocesan President Enid Nutland will be speaking to us. It would be great to have as many of you as possible there!

As I write this our country is suffering from severe flooding and many people have had to leave their homes. Hopefully, by the time you read this the floods will have receded and we will be enjoying Spring!

With Love and Prayers **Kath Lane Branch Leader**



THE EGG THAT SHARES THE EASTER STORY



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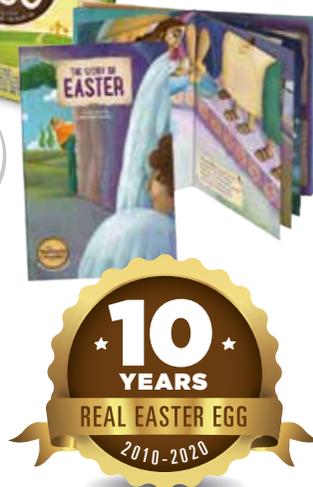


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10th Anniversary edition

The Real Easter Egg was launched in 2010 but the supermarkets turned down the idea at first. It was left to churches and church schools to place orders to fund The Meaningful Chocolate Company to make The Real Easter Egg.

Ten years on, more than a million eggs have been sold with over 750,000 sent through the post directly to churches and schools. The rest have been sold through retailers and supermarkets.

The success of The Real Easter Egg has meant that the production of Fairtrade chocolate has moved to the UK. Over £275,000 has been raised from sales for charitable causes.

Where to buy

The whole range can be ordered online at www.realeasteregg.co.uk or from Traidcraft, Eden.co.uk, TLM trading.com, Redemptorist Publications, Embrace the Middle East. Christian bookshops and some cathedrals also have stock.

You can also buy the blue Original egg from Tesco, Waitrose, Morrisons and Asda.

Out of the 80 million Easter eggs sold in this part of the world every year, The Real Easter Egg is the only one which has a copy of the Easter story in the box, is made of Fairtrade chocolate and which supports charitable projects.

The Original and Dark eggs include a 24 page Easter story-activity book. They are Palm Oil and plastic free, and include a competition. The Dark also contains a simple Easter guide, designed for adults and 3 dark Mini Squares.

The Fun Pack has an Easter story activity poster and 6 milk chocolate eggs.

The Special Edition has a Bethlehem olive wood cross keyring, a simple guide to Easter, an orange milk chocolate bar and a luxury milk chocolate egg.

See the full shop list or order at www.realeasteregg.co.uk



St. Mary of the Angels



Parish email address - ololcarn@gmail.com

WORLD DAY OF PRAYER

6th March 2 pm at St. Mary of the Angels.

World Day of Prayer is an international inter-church organisation which enables us to hear the thoughts of women from all parts of the world: their hopes, concerns and prayers. Women of Zimbabwe have prepared this year's service.

THE GOD WHO SPEAKS

Scripture is at the centre of everything the Church does. The word of God shapes our prayer and worship. "Take heart, I am here with you, allow me to enter and your life will change. That is why the Lord gives you his word, so that you can receive it like a love letter..." (Pope Francis).

2020 HYNING HOLIDAY

Arrive Monday 28th September. Go Sunday 4th October 2020

If there is a unifying theme to the holiday, it is 'English spiritual traditions and the Universal Church'. Hence orthodox Catholic doctrine and practice will be set in an oecumenical context, with an emphasis on the historical perspective. There is far too much material in the programme below, and that will be pruned and reordered when I know who is coming, and who is interested in attending the presentations. If it is possible, all talks will be given by visiting speakers, and not by the organizer, Christopher Robson. Hyning monastery, a convent of the Cistercian Bernardine Sisters at Wharton, near Carnforth, Lancashire, UK, is kindly providing the accommodation. There are seven single rooms, and seven double rooms. At present (November 2019) full board is £40 per 24 hours, which is very reasonable. Hence at the present reckoning the cost of the week, including requisite expenses will be £300 if trips out are excluded (you are free to opt into any of these at a modest price). £100 non-returnable deposit in a cheque made payable to 'TOBS (Trustees of the Bernardine

Sisters)' if you are interested in staying the full week. If you wish to go, send the cheque not to the Hynning convent, but to me, Christopher Robson, at 19 Woodlands Road, Skerton, Lancaster LA1 2EH. I shall send you a receipt by post, or email you one. Prices will be finalized in the June of 2020, when the economic and financial situation is clearer. This is a non-profit making venture. If there is any surplus over cost, it will be given to Padre Pio's hospital in San Giovanni Rotondo, or to another Catholic charity if the majority of those present so choose. Day events and trips out are open to outside visitors, either as individuals or as groups, if they contact me, Christopher Robson, by phone at 01524 62465, or by email at glospurrblack7@talktalk.net

Finally

Two priests were going to Ibiza on holiday and decided that they would make this a real holiday by not wearing anything that would identify them as clergy. As soon as the plane landed, they headed for a shop and bought some really outrageous shorts, shirts, sandals, sunglasses etc. The next morning, they went to the beach, dressed in their "tourist" garb and were sitting on sunbeds, enjoying a drink, the sunshine and the scenery when a drop-dead gorgeous blonde in a tiny bikini came walking straight towards them. They couldn't help but stare and when she passed them, she smiled and said, "Good morning, Father" - "Good morning, Father," nodding and addressing each of them individually, then passed on by. They were both stunned. How in the world did she recognize them as priests? The next day they went back to the shop, bought even more outrageous outfits; these were so loud, you could hear them before you even saw them and again settled on the beach on their sunbeds to enjoy the sunshine, etc. After a while, the same gorgeous blonde, wearing a string bikini this time, came walking toward them again. (They were glad they had sunglasses, because their eyes were about to pop out of their heads.)

Again, she approached them and greeted them individually: "Good morning, Father," "Good morning Father," and started to walk away. One of the priests couldn't stand it and said. "Just a minute, young lady. Yes, we are priests, and proud of it, but I have to know, how in the world did YOU know?"

Oh, Father, don't you recognise me? I'm Sister Angela!"



Helping Local people in crisis

On behalf of everyone who has contributed to the Foodbank through our collections at Holy Trinity, I attended the AGM of the Morecambe Bay Foodbank on Wednesday 12th February at The Midland Hotel in Morecambe. The meeting was very well attended, showing just how much support there is for the work of the Foodbank, and how many volunteers are involved in running it. Joanna Young, Chair of the Trustees, gave a very thorough account of the work done over the past year, and said that "We still believe that no one should have to use a Foodbank but the reality is that in 2019 we have seen the numbers of people using our services increase for the seventh year in a row. Looking at our data, we know that although numbers are now levelling off from the previous steep rises in 2016 and 17 (when Universal Credit was rolled out in our area), they remain stubbornly high." She reported that during 2019, the Foodbank gave out 8,152 emergency three day food parcels with 3,357 of these going to children. The 'reverse advent calendar' appeal, which many of us at Holy Trinity supported, was a particular success, with over 300 families given season parcels of food. In a joint venture with Sainsbury's and The Salvation Army, enough toys were donated and distributed to ensure that all the children were also given at least one present of an appropriate toy.

Despite the stories put about by some politicians and newspapers, Joanna confirmed that the Foodbank now collected valuable data which confirms that :

- The main reason people came to the Foodbank in 2019 was low income – people who are in work, but are not earning enough to afford basic items.
- Many people come to the Foodbank at a time of crisis, when unexpectedly faced with a large bill for boiler or household repairs, for example. Users are allowed up to three visits during a crisis period, but 57% of users only come to the Foodbank once.
- Referrals to the Foodbank come from a number of different agencies, with over 70% of users receiving their vouchers from the Citizen's Advice Bureau.
- The vast majority of users live within a very small area of Morecambe, centred on the Foodbank in the West End. For those who live a bit further, or have mobility difficulties, Stagecoach generously offers free transport.

In 2019 just over sixty tonnes of food was donated by the general public, and twenty four tonnes from partner organisations, who give fresh food (Bookers, Morrisons, Speights and Greggs). This total of eighty four tonnes represents an average donation of seven tonnes per month. The Foodbank gives out as much as they are taking in, so the demand is there and the public have been hugely generous in helping us to meet the need. Huge thanks go to every single person who thinks of us when they are shopping and drops a tin or a packet into our donation bins - every tin really does help, and Joanna said that, "We know, from



the reaction of our clients when we give out food, how sincerely it is appreciated". She also thanked those supermarkets and their staff who host donation bins, namely Sainsbury's, Asda and Tesco locally.

During the year, the Foodbank was fortunate to receive ongoing grant support from The Walney Foundation, The Westminster Foundation, Lancaster City Council and The Trussell Trust.

The Lancaster District Chamber of Commerce named the Foodbank as their charity of the year, and Joanna thanked Mal Garnett, our creative director, who has been President of the Chamber of Commerce for the last year, and, as well as nominating the Foodbank as the chosen charity, Mal also raised a considerable amount of money through sponsored events. Financial donations continue to come from all sorts of places, including churches, schools, scout groups, hospitals, small and large companies, football teams, groups of friends, families and individuals.

How can we help the Foodbank to meet this increasing need ? Joanna outlined three ways in which we can help :

- By donating food, and responding to the Foodbank's appeal for certain types of food;
- By donating money, to help meet the financial cost of running the Foodbank;
- By volunteering to help with the collection and distribution of food, with admin work and with special fund raising projects.

In addition, local businesses can help by offering their services, allowing volunteers time off to help at the Foodbank, organising special events for their staff etc. I was surprised by the number of local firms who are already supporting the Foodbank in this way, and especially the help given by The Arndale Centre.

Among the volunteers and guests, I met Mal Garnett, and Andrew and Sara Severn, as well as a number of former pupils, and other friends and neighbours who are all supporting the Foodbank in a variety of ways. I left, with a sense of disappointment that, in a such an affluent society as ours, there is still an increasing need for Foodbanks – but that was really overshadowed by learning just how many good people there are who are supporting the Foodbank in so many different ways. So, we at Holy Trinity will continue to support the Foodbank; who not come along to one of the Lenten Lunches and make a donation? As Joanna repeatedly pointed out, 'Every little helps'.

David Bateman

Bolton le Sands Library

“Our Village Library”



Home Library Service

Free personalised service for people of all ages who struggle to get to the library due to poor health, disability, caring responsibilities or mobility issues. The library can provide a collection service or a monthly delivery to anyone who uses the service. We can supply bestsellers, books by favourite authors, books to support hobbies or courses, all in a variety of formats (standard print, large print or audio books on CD) as well as films (DVD), music and jigsaws. For more information please get in touch with the library.

Future events for your diary

We're lucky to have another fantastic **Spot On Event! The Ladies That Bus** are performing on **Tues 3rd March**. A heart-warming and hilarious tale of journeys taken and not taken, of regrets and celebrations, and what it means to be free... Based on real-life interviews and peppered with humour, songs and original music, it shows a day-in-the life of the Route 555 bus to Keswick, and the kaleidoscope of different characters that travel on it – each with their very own tales to tell...

Tickets £10. Doors open 6pm. Table seating available, bring your own drinks and nibbles. Please book at the library or via [Spotonlancashire.co.uk] Spotonlancashire.co.uk to avoid disappointment.

Don't forget our free regular sessions; **Baby Bounce and Rhyme** (Mondays 9.15-9.45am), **Scrabble Club** (Fridays 10.30am-12.30pm) and **Craft and Chat** (Fridays 2-4pm). Just pop in to the library, email Bolton-le-Sands.Library@lancashire.gov.uk or ring 0300 123 6703 and ask to be put through for more information.

Bethany Dale Library Assistant

Bolton-le-Sands Library, Library Service, Lancashire County Council
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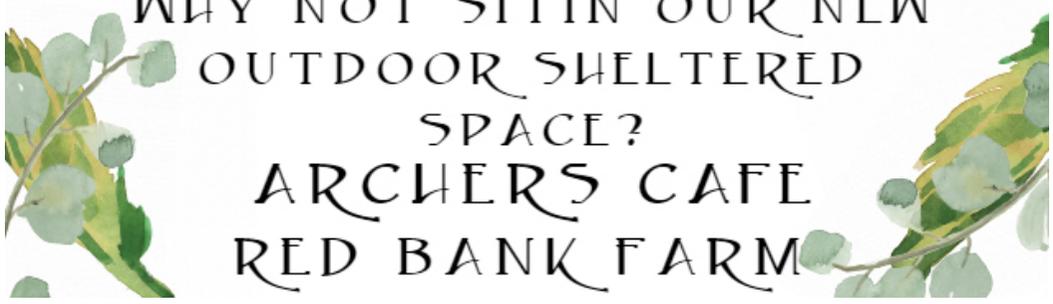
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Bolton-le-Sands WI

The February meeting of Bolton-le-Sands WI was held at the Community Centre on 11th February. This month's meeting was taking the form of a Hot Pot Supper, so business was kept to a minimum.

The President (Dorothy Carruthers) welcomed members and gave a few reminders of forthcoming events. The members going to Southport were asked for a volunteer to be our delegate, and Kath Ion offered to take on the role. The IT help group is being held next week with a few places left and initial details about the Craft afternoon in June were given by Hazel Short.

The Secretary (Jennifer Leach) gave information of events being organised, both locally and by the county. More details were available on the boards and events folder.

The interest groups are busy. The Wildlife group is going to be 'Otter Watching' and the walkers are exploring Lancaster, taking in Fairfield and finishing with refreshments at the Castle Café.

A delicious meal of meat and potato pie and a selection of desserts was then served very efficiently. A quiz relating to Lancashire comedians provided a talking point and then the in-house entertainment group introduced their performance. Jackie Ireland, Joyce Bond and Brenda Wood gave a very entertaining rendering of a varied collection of humorous stories and poems, finishing with an alternative version of some well-known nursery rhymes. This was much enjoyed by all and they were sincerely thanked by Dorothy.

The meeting closed a little earlier than usual with everyone agreeing it had been a very successful evening.

Carol Hall

Old Boys' Free Grammar School

Available for meetings, coffee mornings, social functions etc.

For details and hire charges please contact

Mrs Joan Baker on 824384

News from Bolton le Sands CE Primary School



Collective Worship

Our Collective Worship theme continues to be as we learn about the different ways in which we can pray, why we pray, how to pray and what we can pray for. We hope that the children develop an understanding that God is always listening and so we must be willing to listen to him. "I tell you, whatever you ask for in prayer, believe that you have received it and it will be yours." Mark 11:24 After the half term break, we will start to think about the meaning of Lent as we look towards Easter.



Years 5 and 6 had the opportunity to share their non-fiction space booklets with year 3 and 4 this afternoon. The children have been working hard on these all week and even used information from our trip to the Museum of Science and Industry. Their writing was great because they were writing for a specific audience and were really engaged in the topic.

Schools' Singing Festival Performances Year 2 – Thursday, 19 March at 7.00pm Year 6 – Friday, 20 March at 1.00pm Parents are reminded that tickets to watch these performances are limited due to the capacity of the Ashton Hall. If you require tickets and have not yet sent in your order slip, please do so as soon as possible as we will be dealing with the initial allocation immediately after the half term break.

Our **walking bus** continues to be very successful with between 20 and 30 children using it daily. We are hoping that we may have a group of volunteer parents who would be willing to lead this in the future. If you are interested, please let the School Office know. All our regular volunteers need to complete an enhanced DBS check

Welfare Assistant Vacancy We have a vacancy for a lunchtime Welfare Assistant. If you are interested, please contact the School Office as we are looking to recruit as soon as possible.



Bolton le Sands
C.E. Primary School

Bolton le Sands Post Office



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March

We remember all those departed this life whose anniversaries occur during March

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Gladys Mahon
Tom Hankin
Arthur James Parkinson
Annie Carter
Alexander William Clark
Colin Metcalfe
John George Young
William Holden
James Airey Fairclough
Ronald Hoggarth
Marjorie Hill
Jack Pemberton
James William Charles Purcell
Keith Smith
James Beckett Hutchinson
Jack Schofield
Arthur George Henry James
Colin George Jeremy
Norman Hugh Brown
Mark Gordon Rawsthorne
William Cowperthwaite
Frank Bracey Croll
Brian Seddon
Annie Cowperthwaite
Robin Foster(Priest)
Kathleen Muriel Parnell
John Bidder (Priest)
Simon Mark Edwards
Denis Holmes

Readings for March

1st Genesis 2, 15-17, 3, 1-7; Matthew 4, 1-11
2nd Leviticus 19, 1-2, 11-18; Matthew 25, 31-end
3rd Isaiah 55, 10-11; Matthew 6, 7-15
4th Jonah 3; Luke 11, 29-32
5th Esther 14, 1-5, 12-14; Matthew 7, 7-12
6th Ezekiel 18, 21-28; Matthew 5, 20-26
7th Deuteronomy 26, 16-end; Matthew 5, 43-end
8th Genesis 12, 1-4a; John 3, 1-17
9th Daniel 9, 4-10; Luke 6, 36-38
10th Isaiah 1, 10, 16-20; Matthew 23, 1-12
11th Jeremiah 18, 18-20; Matthew 20, 17-28
12th Jeremiah 17, 5-10; Luke 16, 19-end
13th Genesis 37, 3-4, 12-13, 17-28; Matthew 21, 33-46
14th Micah 7, 14-15, 18-20; Luke 15, 1-3, 11-end
15th Exodus 17, 1-7; John 4, 5-42
16th 2 Kings 5, 1-15; Luke 4, 24-30
17th Daniel 2, 2-23; Matthew 18, 21-end
18th Deuteronomy 4, 1, 5-9; Matthew 5, 17-19
19th 2 Samuel 7, 4-16; Matthew 1, 18-end
21st Hosea 14; Luke 18, 9-14
22nd 1 Samuel 16, 1-3; John 9
23rd Isaiah 65, 17-21; John 4, 43-end
24th Ezekiel 47, 1-9, 12; John 5, 1-3, 5-16
25th Isaiah 7, 10-14; Luke 1, 26-38
26th Exodus 32, 7-14; John 5, 31-end
27th Wisdom 2, 1, 12-22; John 7, 1-2, 10, 25-30
28th Jeremiah 11, 18-20; John 7, 40-52
29th Ezekiel 37, 1-14; John 11, 1-45
30th Joshua 2, 1-14; John 8, 1-11
31st Numbers 21, 4-9; John 8, 21-30

1st St David, Patron Saint of Wales
17th St Patrick, Patron Saint of Ireland
22nd Mothering Sunday
25th Annunciation of Our Lord to the Blessed Virgin Mary

Parish Registers

Baptisms

During February we welcomed **Violet Nova Haslam** and **Mia Florence Cook** into the church with our love and prayers.

Weddings

There were no weddings in February.

Funerals

We continue to pray for the relatives and friends of **Maurice Steele** whose funeral had taken place recently.

Parish Calendar - March



Sunday 1st	8.00am Holy Communion at Holy Trinity 9.00am Holy Communion at St Mark's (BCP) 10.30am Holy Communion at Holy Trinity 12.15pm Holy Baptism
Tuesday 3rd	1.30-3.30pm First Tuesday Hub at Holy Trinity
Wednesday 4th	10.00am Holy Communion at Holy Trinity 11.00am-noon MU Coffee Morning at Holy Trinity 12 noon Lenten lunch at Holy Trinity
Thursday 5th	9.30am – 4.00pm Quiet Day at Hynning
Friday 6th	2.00pm World Day of Prayer Service at St Mary's RC Church 7.00pm First Friday Worship at Holy Trinity
Sunday 8th	8.00am Holy Communion at Holy Trinity 9.00am Morning Prayer at St Mark's 9.15am Second Sunday Service at Holy Trinity 10.30am Holy Communion at Holy Trinity
Monday 9th	7.30pm onwards – Men's Intensive Care Meeting at The Blue Anchor
Tuesday 10th	7.00pm PCC Meeting at Holy Trinity
Wednesday 11th	10.00am Holy Communion at Holy Trinity 12 noon Lenten Lunch at Holy Trinity
Saturday 14th	9.00am Men's Breakfast at Holy Trinity 12 noon Wedding of Michael Foster and Katie McKelvie at Holy Trinity
Sunday 15th	8.00am Holy Communion at Holy Trinity 9.00am Holy Communion at St Mark's (Common Worship) 10.30am Morning Praise at Holy Trinity and Holy Baptism 12.15pm Holy Baptism at Holy Trinity 7.00pm Parish Film Night at Holy Trinity
Wednesday 18th	10.00am Holy Communion at Holy Trinity 12 noon Lenten Lunch at Holy Trinity
Saturday 21st	10.00am Messy Church at Holy Trinity
Sunday 22nd Mothering Sunday	8.00am Holy Communion at Holy Trinity 9.00am Morning Prayer at St Mark's 10.30am Mothering Sunday Service at Holy Trinity
Wednesday 25th	10.00am Holy Communion at Holy Trinity 12 noon Lenten Lunch at Holy Trinity
Sunday 29th	8.00am Holy Communion at Holy Trinity 9.00am Morning Prayer at St Mark's 10.30am Holy Communion at Holy Trinity 12 noon Annual Vestry Meeting and Parochial Church Meeting
Wednesday 1st April	10.00am Holy Communion at Holy Trinity 11.00am – noon MU Coffee Morning at Holy Trinity
Friday 3rd April	7.00pm First Friday Worship at Holy Trinity
Sunday 22nd Palm Sunday	8.00am Holy Communion at Holy Trinity 9.00am Holy Communion at St Mark's (BCP) 10.30am Holy Communion at Holy Trinity
Tuesday 7th April	1.30-3.30pm First Tuesday Hub at Holy Trinity
Wednesday 8th April	10.00am Holy Communion at Holy Trinity

Bolton le Sands Community Centre

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Booking Secretary
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Vacancy

Holy Trinity PCC Secretary
We need someone to help with
the work of the PCC.

The work involves sending out
agendas and keeping minutes
and can be done from home,
with attendance at PCC meetings
usually no more than once a month.

If you are interested and would like
further details, please have a word
with **Revd Nancy** or Churchwardens
Mary and Peter John.

Church Staff Directory

Vicar	The Rev'd Nancy Goodrich	823106
Church Wardens	Peter John Davies Mary Bunting	824829 823242
St Mark's Officers	Robert Whittaker	730362
Pastoral Assistants	Ian Entwistle	824504
Musical Director	Ian Entwistle	824504
Treasurer	Andy Hampshire	824322
Giving Secretary	David Bateman	822065
PCC Secretary	Vacancy	
Bolton le Sands CE Primary School	Tim Cross	823606
Parish Safeguarding Officer	Mary Bunting	823242
Serving Information	Alfie Sissons	07564 201845
Wedding Coordinator	Karen Hillis	824001
Childrens Society Parish Coordinator	Margaret Hutchinson	824110
MU Branch Leader	Kath Lane	727814
The Messenger : Editor	David Bateman	822065
The Messenger : Subscriptions	David Voller	825291



visit our website - www.bolton-le-sands.org.uk

Holy Trinity, Main Road, Bolton-le-Sands, Lancs, LA5 8DU Tel: 01524 823106

St Marks, Main Road, Nether Kellet, Lancs, LA6 1ER Tel: 01524 823106

Christ Church (United Reformed), Main Road, Bolton-le-Sands, Lancs, LA5 8DL

St Mary of the Angels (Catholic), Main Road, Bolton-le-Sands, Lancs, LA5 8DN Tel: 01524 732940

Vicar

The Reverend Nancy Goodrich, T. 01524 823106

E. nancy@goodrich.myzen.co.uk

