



**THE LINK**  
**SUNDAY 1st August 2021**  
**TRINITY 9**

A warm welcome to everyone whether you are regular or visiting and to those on Zoom.

**COLLECT.**

Gracious Father, revive your Church in our day, and make her holy, strong and faithful, for your glory's sake in Jesus Christ our Lord. Amen

**NEW TESTAMENT:**

**Ephesians 4.1–16**

4 I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, <sup>2</sup>with all humility and gentleness, with patience, bearing with one another in love, <sup>3</sup>making every effort to maintain the unity of the Spirit in the bond of peace. <sup>4</sup>There is one body and one Spirit, just as you were called to the one hope of your calling, <sup>5</sup>one Lord, one faith, one baptism, <sup>6</sup>one God and Father of all, who is above all and through all and in all. <sup>7</sup> But each of us was given grace according to the measure of Christ's gift. <sup>8</sup>Therefore it is said,

'When he ascended on high he made captivity itself a captive; he gave gifts to his people.'

<sup>9</sup>(When it says, 'He ascended', what does it mean but that he had also descended into the lower parts of the earth? <sup>10</sup>He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) <sup>11</sup>The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, <sup>12</sup>to equip the saints for the work of ministry, for building up the body of Christ, <sup>13</sup>until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. <sup>14</sup>We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. <sup>15</sup>But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, <sup>16</sup>from whom the whole body, joined and knitted together by every ligament with which it is equipped, as each part

is working properly, promotes the body's growth in building itself up in love.

This is the word of the Lord

All **Thanks be to God**

**GOSPEL:**

Alleluia, alleluia. We do not live by bread alone, but by every word that comes from the mouth of God.

All **Alleluia.**

Hear the Gospel of our Lord Jesus Christ according to

**John 6.24–35**

<sup>24</sup>So when the crowd saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus. <sup>25</sup>When they found him on the other side of the lake, they said to him, 'Rabbi, when did you come here?' <sup>26</sup>Jesus answered them, 'Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. <sup>27</sup>Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal.' <sup>28</sup>Then they said to him, 'What must we do to perform the works of God?' <sup>29</sup>Jesus answered them, 'This is the work of God, that you believe in him whom he has sent.' <sup>30</sup>So they said to him, 'What sign are you going to give us then, so that we may see it and believe you? What work are you performing?' <sup>31</sup>Our ancestors ate the manna in the wilderness; as it is written, "He gave them bread from heaven to eat." <sup>32</sup>Then Jesus said to them, 'Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. <sup>33</sup>For the bread of God is that which comes down from heaven and gives life to the world.' <sup>34</sup>They said to him, 'Sir, give us this bread always.'

<sup>35</sup> Jesus said to them, 'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.'

This is the Gospel of the Lord.

All **Praise to you, O Christ**

## PRAYERS:

We pray for our communities and in particular this week all the people who live on: Greenwood Drive, Greenwood Court and Hawkshead

We pray for those who are sick or in need: Jean Wilson, Margaret Pinkney, Stephen, Wendy Hilling, Sandra and Ian, Janet, Lisa Toner, Marlee.

We hold before God those who have recently died and pray for their families and friends: Peter Lawrence, Wilfrid Casson.

From our book of remembrance, we remember in prayer: Jack L. M. Helme, Derek Uttley, Moyra Warbrick, Joseph Richard Huntington, John Derek Varley and Kenneth Townson.

## POST COMMUNION PRAYER

Holy Father, who gathered us here around the table of your Son to share this meal with the whole household of God: in that new world where you reveal the fullness of your peace, gather people of every race and language to share in the eternal banquet of Jesus Christ our Lord.

**All: Amen**

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## NOTICES.

**N.B. We continue to have all services and activities in Church with high levels of protection. Sanitising on entry, wearing a mask, register with the Welcome Team, observe social distancing.**

**1st August 10.30am Holy Trinity** Communion Service  
In church and on Zoom. Rev Canon Grant Ashton

**12.00.** After the service there will be a short introduction and **preview of the "Parish Profile"** that is being prepared for the process of appointing the new vicar. Please feel free to come to church just for this. It is important that everyone has the chance to have input into this document.

**1st August 10.30am St Mark's** Morning Prayer

**4th August 10.00am. Holy Trinity.** Service of Communion in church and on Zoom with Rev. Susan Seed.

**5th August 10.00 - 10.30am No Thursday Workshop** on Zoom instead we will have a **"Cafe Church" each Thursday in August**, under the "guardianship" of Richard Champness. Tea or coffee should be available

Website: [www.bolton-le-sands.org.uk](http://www.bolton-le-sands.org.uk).  
Charity Number: 1144401.

to all. We will be using the same Zoom link as for the workshop. All are welcome.

<https://us02web.zoom.us/j/83840540115?pwd=K2JWdmQ2MmR6UDhOZm9sZXoxMmZjdz09>

## 6th August 7.00pm First Friday Service on Zoom

The subject is "Desert Island Discs" music that has influenced the lives of members of the Men's Breakfast group. Should be very interesting and varied evening. All are welcome with a cup of coffee/wine or similar.

**8th August 9.15 am Holy Trinity Second Sunday Service.** Warn the children that there will be fun in church. Parents are welcome.

**8th August 10.30am Holy Trinity** Communion Service  
In church and on Zoom. Rev Peter Calvert.

**8th August 10.30am St Mark's** Morning Prayer

More details about all our services can be found in the Parish Calendar on the website.

Latest articles in "The Messenger" on the Website

- [Rev Nancy's Induction Video](#)
- [News from Christchurch](#)
- [Prayer During the Vacancy](#)
- [Readings for July](#)
- [Good News from St Mark's](#)

## Flowers in Church.

Would you like flowers in church in remembrance of someone? See the list on the notice board with contact numbers.



## Giving to Church:

We now have a contactless giving box at the back of church on the right hand side of the doors as you leave.

Most people pledge to give regularly and generously directly through their bank. To do this our bank account details are: Bolton-le-Sands PCC, Natwest Morecambe:  
sort code: 01 01 60 a/c number: 94801703.

Please let me have anything to go in the link by Wednesday. Email: [parishblessnews@parishbless.co.uk](mailto:parishblessnews@parishbless.co.uk).

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