



THE PARISH OF

# HOLY TRINITY

BOLTON LE SANDS & ST MARK'S NETHER KELLET



## The Link

Sunday, 5th July, 2026

Fifth Sunday After Trinity

*Holy Trinity, 10.30am- Sunday Family Communion Service in Church and on Zoom.*

***PLEASE TAKE THIS HOME WITH YOU OR GIVE IT TO A NEIGHBOUR***

**Website:** [www.bolton-le-sands.org.uk](http://www.bolton-le-sands.org.uk). **Email:** [kathrynpooles@parishbbs.co.uk](mailto:kathrynpooles@parishbbs.co.uk) **Charity Number:** 1144401.

### **HYMNS (NEW HYMNS AND WORSHIP SONGS):**

- 227** Morning Has Broken  
**26** Be Still My Soul  
**207** Lord Jesus Christ  
**368** Will You Come and Follow Me?

### **THE COLLECT:**

Almighty God, send down upon your Church the riches of your Spirit, and kindle in all who minister the gospel your countless gifts of grace; through Jesus Christ our Lord.

**All: Amen**

### **NEW TESTAMENT READING:**

Today's reading is **from Paul's letters to the Romans.**

#### Romans 7:15-25a

I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. Now if I do what I do not want, I agree that the law is good. But in fact it is no longer I that do it, but sin that dwells within me. For I know that nothing good dwells within me, that is, in my flesh. I can will what is right, but I cannot do it. For I do not do the good I want, but the evil I do not want is what I do. Now if I do what I do not want, it is no longer I that do it, but sin that dwells within me.

So I find it to be a law that when I want to do what is good, evil lies close at hand. For I delight in the law of God in my inmost self, but I see in my members another law at war with the law of my mind, making me captive to the law of sin that dwells in my members. Wretched man that I am! Who will rescue me from this body of death?  
Thanks be to God through Jesus Christ our Lord!

So then, with my mind I am a slave to the law of God, but with my flesh I am a slave to the law of sin.

This is the word of the Lord. **All: Thanks be to God.**

### **GOSPEL READING:**

Hear the Gospel of our Lord Jesus Christ according to **Matthew.**

**All: Glory to you, O lord.**

## Matthew 11: 16-19,25-30

'But to what will I compare this generation? It is like children sitting in the market-places and calling to one another,

"We played the flute for you, and you did not dance;  
we wailed, and you did not mourn."

For John came neither eating nor drinking, and they say, "He has a demon"; the Son of Man came eating and drinking, and they say, "Look, a glutton and a drunkard, a friend of tax-collectors and sinners!" Yet wisdom is vindicated by her deeds.'

At that time Jesus said, 'I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; yes, Father, for such was your gracious will. All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him.

'Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.'

This is the Gospel of the Lord. **All: Praise to you, O Christ.**

### **PRAYERS:**

We pray for our communities and in particular for all who live in Coastal Road, Coniston Road and Easedale Close.

We pray for those who are sick or in need: Alasdair, Tony, Ian, Peter, Carol, Elwyn, and Chris.

We pray for the family and friends of Lucie Marrinan, and Philip Vernon who have recently died.

From our Book of Remembrance, we remember in prayer: Bill Aldren, Alice Isabella Whiteside, Marjorie Marian Broughton, Frank Westran, Calum Alexander Lawrie, Betty Dixon, Rita Green, Jack Sanderson and Janice Margaret Anagnostou.

### **POST COMMUNION PRAYER:**

Grant, O Lord, we beseech you, that the course of this world may be so peaceably ordered by your governance, that your Church may joyfully serve you in all godly quietness; through Jesus Christ our Lord. **All: Amen.**

## **Notices and Announcements**

**Tuesday 7th July - The First Tuesday Hub** meets as usual in Church at 1.30pm. Children from school will be coming to talk about their recent residential trip to The Isle of Man. Everyone is welcome.

**Mother's Union Afternoon Tea On Tuesday 14th July:** If any member have a 2 or 3 tier cake stand that we can borrow for the Afternoon Tea please can you bring them to church on Sunday 12th July. Thank you.

## **✚ Our Services and Events ✚**

**Sunday, 5th July, 12,15pm:** Christening of Millie Guest

**Monday, 6th July, 7pm:** Carnforth Community Choir Rehearsal, Holy Trinity.

**Tuesday, 7th July, 10.30am:** St Mark's Holy Communion Service.

**Tuesday, 7th July, 1.30pm:** First Tuesday Hub, Holy Trinity.

**Tuesday, 7th July, 7pm:** Deanery Youth Prayer - on Zoom.

**Tuesday, 7th July, 7.30pm:** Prayer Meeting, Held in the Vicarage Prayer Room.

**Wednesday, 8th July, 10am:** Wednesday Communion Service, Holy Trinity.

**Thursday, 9th July, 10am:** Mother's Union Coffee Morning, Community Centre.

**Saturday, 11th July, 9am:** Men's Breakfast, Holy Trinity.

**Saturday, 11th July, 1pm:** Wedding - Kathryn and Daniel.

**Saturday, 11th July, 7.30pm:** Carnforth Community Choir, Holy Trinity.

**Sunday, 12th July, 9.15am:** The 9.15 All Age Service, Holy Trinity.

**Sunday, 12th July, 10.30am:** Morning Prayer at St Mark's

**Sunday, 12th July, 10.30am:** Sunday Communion Service in church and on Zoom, Holy Trinity.

